

**FOR IMMEDIATE RELEASE**

*Better Than Life: Helen Cahng, A Solo Show*

**November 29<sup>th</sup>- December 7<sup>th</sup>, 2008**

**Reception: Saturday, November 29<sup>th</sup>, 8 – 11 PM**

In *Better Than Life*, Helen Cahng presents a panoramic, storefront installation that examines the representation of historical monuments. Though often regarded as tools of preservation, the significance of these monuments is not carved in stone. Rather, the way they are perceived is as fluid as history and memory itself. At street level, the work is seen as a series of voyeuristic peepholes for passers-by. From the interior, it is a tableau in which spectators outside become unknowing participants to the scene within.

*Better Than Life* is part of the largest solo show ever. The exhibition at Sea and Space Explorations features the work of 100 artists, who will be able to list this solo show on their resume by entering their name and show title into the blanks in the central title. The show will enhance the careers of all artists, subverting the way art projects are documented and defined. Sea and Space Explorations is a portal to a place where notions of good and bad, market constraints, and fixations with progress are understood to be peripheral, where artists take risks without fear. This space hosts artists whose practices resonate with the conceptual, theoretical, relational, and political.

Sea and Space Explorations  
4755 York Blvd, LA, CA 90042

<http://www.seaandspace.org>

Gallery is open **Sundays 1-5 PM** and by appointment

Tel.: 323-445-4015. email: [info@seaandspace.org](mailto:info@seaandspace.org)

**DIRECTIONS** from Los Angeles: From the 5, take the 2 north. Take the Verdugo Road exit. Left onto Eagle Rock Boulevard. Right onto York Boulevard (major cross street is Armadale Boulevard).

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